

Lenten Morning Prayer  
from  
Lancelot Andrewe's Private Devotions  
(Updated language)

LITANY

**G**lory be to you, O Lord, glory to you  
Glory to you who gives me sleep  
To strengthen my weakness  
and restoration from the toils  
of this fretful flesh.

To this day and all days,  
a perfect, holy, peaceful, healthy,  
sinless course,

**Grant us, O Lord**

The Angel of peace, a faithful guide,  
guardian of souls and bodies,  
to dwell with me  
and always to promote what is good

**Grant us, O Lord**

Pardon and remission  
of all sins and of all offenses

**Grant us, O Lord**

To our souls what is good and helpful  
and peace to the world,

**Grant us, O Lord**

Repentance and strictness  
for the residue of our life,  
and health and peace to the end,

**Grant us, O Lord**

Whatever is true, whatever is honest,  
whatever just, whatever pure,  
Whatever lovely, whatever is commendable  
if there be any virtue, if any praise,  
such thoughts, such deeds,

**Grant us, O Lord**

A Christian conclusion of this life  
without sin, without shame,  
And, should it please You  
without pain,  
and a good answer  
at the dreadful and fearful  
judgment seat  
of Jesus Christ our Lord,

**Grant us, O Lord**

CONFESSION

**E**ssence beyond essence,  
Nature uncreated,  
Framer of the world,  
I set my eyes upon you, O Lord  
And I lift up my soul to You  
I worship You on my knees  
And humble myself under Your mighty hand  
I stretch out my hands to You  
My soul gasps for You as a thirsty land.  
I beat upon my breast  
And say with the Tax-collector  
God be merciful to me a sinner,  
the chief of sinners;  
As to a sinner greater than the Tax-Collector  
Be merciful as to Him  
Father of mercies,  
I pray for Your Fatherly affection  
Do not deny me,  
an unclean worm, a dead dog,  
a rotten corpse,  
Do not deny the work of Your own hands  
Made in Your own image  
though marked by sin.  
Lord, if You will, You can make me clean  
Lord, only say the word, and I will be clean

And You, my Savior Christ  
Christ my Savior,  
Savior of sinners, of whom I am chief,  
Do not deny me, O Lord

The one purchased by Your blood,  
Who is called by Your Name  
but look on me with those eyes  
That looked upon  
Magdalene at the feast,  
Peter in the hall,  
the thief on the wood;--  
That with the thief I may request of You humbly  
“Remember me, Lord, in Your kingdom;”  
that with Peter I may bitterly weep and say,  
“O may my eyes be a fountain of tears  
that I may weep day and night;”  
that with Magdalene, I may hear You say,  
“Your sins be forgiven thee,”  
and with her may love much,  
for many and manifold sins  
have been forgiven me.  
And You, All holy, Good, and  
Life giving Spirit,  
Do not deny me, Your breath,  
Your own holy gifts;  
but turn again, O Lord,  
at the last,  
and be gracious unto Your servant.

## ABSOLUTION

**T**he Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of the Holy Spirit. **Amen.**

## SCRIPTURE READING

## HOMILY

## INTERCESSIONS

*(These are taken from "Day Five" of the daily devotions)*

**L**et us cry out to the Lord in peace,  
for the heavenly peace,  
and the salvation of our souls;--  
for the peace of the whole world;  
for the stability of God's holy Churches,  
and the union of them all;--  
for this holy gathering,  
and those who join it with faith and  
reverence;  
for our Clergy;  
the honorable college of bishops,  
Christ's priests and deacons,  
and all, both Clergy and people;--  
for this our country, and all the cities  
and countryside,  
and all the faithful who dwell  
Within it's borders;--

for good weather,  
fruitfulness of earth,  
and peaceful times;--  
for all who are traveling  
those who are in sickness, toil, and  
captivity,  
and for their salvation.

Aid, save, pity, and preserve them,  
O God, in Your grace.

We also remember the holy, and more than  
blessed Mary, Mother of God  
with all saints,  
let us commend ourselves, and each other,  
and all our life;  
to Christ our God.

To You, O Lord, for it is fitting,  
be glory, honor, and worship.

The grace of our Lord, Jesus Christ,  
and the love of God,  
and the communion of the Holy Spirit,  
be with me, and with all of us. Amen.

I commend myself  
and all who have given to me,  
to Him who is able to keep me without  
falling, and to place me immaculate  
before the presence of His glory,  
to the only wise God and our Savior;  
to whom be glory and greatness,  
strength and authority,  
both, now and for all ages. Amen.

